

**Hockomock Area YMCA  
Lightning Swim Team**

**RECORDS HAYLongCourse meters**

**LC Meters-Female**

8 & U	50 Free	38.77	25-Jun-10	HAY	Katie Cashin	at New England YMCA Long Course Invitational	
	100 Free	1:26.94	8-Jul-11	HAY NE	Nathalie Pena	at 2011 NE ABF LCM Qualifier	
	200 Free	3:01.41	9-Jul-10	HAY	Katie Cashin	at 2010 N.E.Swimming Long Course Regionals	
	400 Free	6:17.11	9-Jul-10	HAY	Katie Cashin	at 2010 N.E.Swimming Long Course Regionals	
	50 Back	44.57	9-Jul-10	HAY	Katie Cashin	at 2010 N.E.Swimming Long Course Regionals	
	100 Back	1:35.99	11-Jun-10	HAY	Katie Cashin	at Hurricane Sprints 2010	
	50 Breast	53.56	8-Jul-11	HAY NE	Pamela G. Nelson	at 2011 NE ABF LCM Qualifier	
	100 Breast	1:58.55	1-Jun-07	HAY	Anastasia C. Saar	at June Classic	
	50 Fly	43.55	9-Jul-10	HAY	Katie Cashin	at 2010 N.E.Swimming Long Course Regionals	
	100 Fly	1:48.24	9-Jul-10	HAY	Katie Cashin	at 2010 N.E.Swimming Long Course Regionals	
	200 IM	3:28.91	11-Jun-10	HAY	Katie Cashin	at Hurricane Sprints 2010	
	9-10	50 Free	33.66	29-Jun-02	HAY	Kendra Cheng	Pioneer Valley
		100 Free	1:12.07	5-Jul-02	HAY	Kendra Cheng	at YMCA Western MA
		200 Free	2:38.35	3-Aug-07	HAY	Katherine E. MacDonnell	at NewEngland12 & Under Long Course Champion
400 Free		5:32.67	5-Jul-02	HAY	Kendra Cheng	at YMCA Western MA	
50 Back		38.35	25-Jul-02	HAY	Kendra Cheng	at NewEngland12 & Under Long Course Championship	
100 Back		1:22.07	3-Aug-07	HAY	Katherine E. MacDonnell	at NewEngland12 & Under Long Course Champion	
50 Breast		44.33	29-Jun-02	HAY	Kendra Cheng	at Pioneer Valley	
100 Breast		1:36.36	25-Jul-02	HAY	Kendra Cheng	at 12 & Under Champs	
200 Breast		3:30.51	29-Jun-07	HAY	Jennifer N. Morin	at June Trials & Finals Meet	
50 Fly		36.30	8-Jul-07	HAY	Katherine E. MacDonnell	at YNS v. HAY	
100 Fly		1:23.63	3-Aug-07	HAY	Katherine E. MacDonnell	at NewEngland12 & Under Long Course Champion	
200 IM		2:56.32	3-Aug-07	HAY	Katherine E. MacDonnell	at NewEngland12 & Under Long Course Champion	
11-12		50 Free	29.94	27-Jul-06	HAY	Tana Bao	at NE Open
		100 Free	1:05.40	30-Jun-06	HAY	Tana Bao	at June Trials & Finals Meet
	200 Free	2:24.03	3-Aug-07	HAY	Courtney J. Kent	at NewEngland12 & Under Long Course Championship	
	400 Free	4:55.10	27-Jul-07	HAY	Courtney J. Kent	at 2007 New England LC Open Championships	
	800 Free	10:13.79	3-Aug-07	HAY	Courtney J. Kent	at NewEngland12 & Under Long Course Championship	
	1500 Free	20:13.15	24-Jul-03	HAY	Courtney E. Roycroft	at 12 & Under Age Group Championship 03	
	50 Back	35.46	* 21-Jul-05	HAY	Erin Foley	at New England 12 & Under Champs	
	50 Back	35.46	* 24-May-03	HAY	Courtney Roycroft	at ABF Memorial	
	100 Back	1:17.06	21-Jul-05	HAY	Erin Foley	at New England 12 and Under Champs	
	200 Back	2:46.39	24-Jul-03	HAY	Courtney Roycroft	at 12 & Under Championships	
	50 Breast	39.33	20-Jul-06	HAY	Tana Bao	at 12 & Under Champs	
	100 Breast	1:24.45	27-Jul-06	HAY	Tana Bao	at NE Open Long Course Championship 2006	
	200 Breast	3:02.59	22-Jul-04	HAY	Kendra Cheng	at 12 & Under Champs	
	50 Fly	33.06	17-Jun-05	HAY	Erin Foley	at CAC Summer Classic	
	100 Fly	1:11.62	27-Jul-07	HAY	Daniela M. Beasley	at 2007 New England LC Open Championships	
	200 Fly	2:36.15	27-Jul-07	HAY	Daniela M. Beasley	at 2007 New England LC Open Championships	
	200 IM	2:42.09	27-Jul-07	HAY	Courtney J. Kent	at 2007 New England LC Open Championships	
	400 IM	5:39.02	27-Jul-07	HAY	Daniela M. Beasley	at 2007 New England LC Open Championships	
	13-14	50 Free	28.80	27-Jul-06	HAY	Erin Foley	at NE Open Long Course Championship 2006
		100 Free	1:03.91	27-Jul-06	HAY	Kendra Cheng	at NE Open Long Course Champs
200 Free		2:17.71	29-Jun-07	HAY	Erin Foley	at June Trials & Finals Meet	
400 Free		4:50.54	1-Jun-07	HAY	Erin Foley	at June Classic	
800 Free		9:48.88	29-Jun-07	HAY	Erin Foley	at June Trials & Finals Meet	
1500 Free		20:31.81	1-Jun-07	HAY	Janelle R. McDonald	at June Classic	

**Hockomock Area YMCA  
Lightning Swim Team**

**RECORDS HAYLongCourse meters**

13-14	50 Back	34.19	<b>24-Jun-06</b>	HAY	Kendra Cheng	at June MIT Meet 2006
	100 Back	1:11.59	<b>29-Jun-07</b>	HAY	Erin Foley	at June Trials & Finals Meet
	200 Back	2:33.72	<b>29-Jun-07</b>	HAY	Erin Foley	at June Trials & Finals Meet
	50 Breast	36.60	<b>27-Jul-04</b>	HAY	Kristen Connors	at 2004 YMCA National Long Course Championship
	100 Breast	1:20.22	<b>27-Jul-04</b>	HAY	Kristen Connors	at YMCA National Long Course Champs
	200 Breast	2:56.40	<b>27-Jul-04</b>	HAY	Kristen Connors	at YMCA National Long Course Champs
	50 Fly	32.47	<b>24-Jun-06</b>	HAY	Kendra Cheng	at June MIT Meet 2006
	100 Fly	1:10.08	<b>15-Jun-07</b>	HAY	Erin Foley	at Hurricane Sprints 2007
	200 Fly	2:36.52	<b>15-Jun-07</b>	HAY	Erin Foley	at Hurricane Sprints 2007
	200 IM	2:35.83	<b>27-Jul-06</b>	HAY	Kendra Cheng	at NE Open Long Course Champs
	400 IM	5:40.67	<b>27-Jul-06</b>	HAY	Kendra Cheng	at NE Open Long Course Championship 2006
15 & O	50 Free	29.48	<b>22-Jul-11</b>	HAY NE	Meghan R. Foley	at 2011 NE CRIM LCM Open Championships
	100 Free	1:03.14	<b>15-Jun-07</b>	HAY	Kendra Cheng	at Hurricane Sprints 2007
	200 Free	2:17.56	<b>28-Jul-05</b>	HAY	Meredith Cronin	at New England Open Champs
	400 Free	4:51.96	<b>28-Jul-05</b>	HAY	Meredith Cronin	at New England Open Championship Long Course 05
	800 Free	9:53.42	<b>28-Jul-05</b>	HAY	Meredith Cronin	at New England Open Championship Long Course 05
	1500 Free	19:15.39	<b>28-Jul-05</b>	HAY	Meredith Cronin	at New England Open Championship Long Course 05
	50 Back	35.22	<b>25-Jun-04</b>	HAY	Meredith Cronin	at New England YMCA Long Course Invitational
	100 Back	1:11.52	<b>27-Jul-04</b>	HAY	Meredith Cronin	at 2004 YMCA National Long Course Championship
	200 Back	2:35.95	<b>28-Jul-05</b>	HAY	Meredith Cronin	at New England Open Championship Long Course 05
	50 Breast	39.74	<b>24-Jun-11</b>	HAY NE	Jessica M. Sauve	at New England YMCA Long Course Invitational
	100 Breast	1:19.03	<b>28-Jul-05</b>	HAY	Kristen Connors	at New England Open Championship Long Course 05
	200 Breast	2:50.16	<b>28-Jul-05</b>	HAY	Kristen Connors	at New England Open Championship Long Course 05
	50 Fly	33.56	<b>25-Jun-10</b>	HAY	Meghan Foley	at NE YMCA Long Course Invitational
	100 Fly	1:11.39	<b>1-Jun-07</b>	HAY	Kendra Cheng	at June Classic
	200 Fly	2:55.87	<b>16-Jul-10</b>	HAY	Ashley C. Walnut	at Jenny Thompson Invitational
	200 IM	2:35.73	<b>1-Jun-07</b>	HAY	Kendra Cheng	at June Classic
	400 IM	5:47.85	<b>17-Jun-05</b>	HAY	Meredith Cronin	at CAC Summer Classic

**Hockomock Area YMCA  
Lightning Swim Team**

**RECORDS HAYLongCourse meters**

**LC Meters-Male**

8 & U	50 Free	41.55	19-Jun-09	HAY	Jared H. Gabrilowitz	at New England YMCA Long Course Invitational	
	100 Free	1:33.07	19-Jun-09	HAY	Jared H. Gabrilowitz	at New England YMCA Long Course Invitational	
	200 Free	3:34.83	13-Jun-08	HAY	Sanjay Sekar	at Hurricane Sprints 2008	
	50 Back	47.85	24-Jul-03	HAY	Goutam Sudhir	at 12 & Under Age Group Champs	
	100 Back	1:43.45	13-Jun-08	HAY	Sanjay Sekar	at Hurricane Sprints 2008	
	50 Breast	58.90	19-Jun-09	HAY	Jack W. Mancini	at New England YMCA Long Course Invitational	
	100 Breast	2:25.13	27-Jun-03	HAY	Kelley G. Schofield	at New England YMCA Long Course Invitational	
	50 Fly	48.45	24-Jul-03	HAY	Goutam Sudhir	at 12 & Under Age Group Champs	
	100 Fly	2:02.65	13-Jun-08	HAY	Sebastian Gwynne	at Hurricane Sprints 2008	
	200 IM	3:46.30	13-Jun-08	HAY	Sebastian Gwynne	at Hurricane Sprints 2008	
	9-10	50 Free	32.87	27-Jun-08	HAY	Neel Sekar	at YNS June Trials & Finals
		100 Free	1:16.10	17-Jul-08	HAY	Samuel M. Fromkin	at 2008 NE 12 & Under LCM Championships
200 Free		2:44.47	13-Jun-08	HAY	Neel Sekar	at Hurrican Sprints	
400 Free		5:45.58	13-Jun-08	HAY	Samuel M. Fromkin	at Hurricane Sprints 2008	
50 Back		39.90	25-Jun-10	HAY	Sebastian M. Gwynne	at New England YMCA Long Course Invitational	
100 Back		1:22.90	27-Jun-08	HAY	Neel Sekar	at June Trials & Finals Meet	
50 Breast		46.81	24-May-03	HAY	Carl Roycroft	at ABF Memorial Meet	
100 Breast		1:39.24	24-May-03	HAY	Carl Roycroft	at ABF Memorial Meet	
50 Fly		40.42	24-Jun-11	HAY NE	Jared H. Gabrilowitz	at New England YMCA Long Course Invitational	
100 Fly		1:35.76	27-Jun-08	HAY	Neel Sekar	at YNS June Trials & Finals	
200 IM		3:08.97	27-Jun-08	HAY	Neel Sekar	at YNS June Trials & Finals	
11-12		50 Free	28.28	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship
	100 Free	1:01.89	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	200 Free	2:17.99	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	400 Free	5:02.30	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	800 Free	11:00.83	3-Aug-07	HAY	Connor A. Iosue	at NewEngland12 & Under Long Course Championship	
	1500 Free	20:04.33	11-Jun-10	HAY	Neel H. Sekar	at Hurricane Sprints 2010	
	50 Back	33.78	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	100 Back	1:14.20	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	200 Back	2:51.06	29-Jul-11	HAY NE	Timothy R. McDonald	at 2011 NE CRIM 14 & U LCM Champs	
	50 Breast	40.32	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	100 Breast	1:31.06	16-Jul-04	HAY	Carl Roycroft	at Summer Sizzler	
	200 Breast	3:13.90	22-Jul-04	HAY	Carl Roycroft	at 12 & under Champs	
	50 Fly	34.21	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	100 Fly	1:25.34	11-Jul-09	HAY NE	John A. Alberta	at Bay State Games	
	200 IM	2:47.25	3-Aug-07	HAY	Chad T. Schreiber	at NewEngland12 & Under Long Course Championship	
	400 IM	6:25.23	7-Jun-09	HAY	Neel H. Sekar	at YNS Distance Meet	
	13-14	50 Free	26.91	8-Jul-11	HAY NE	John A. Alberta	at 2011 NE ABF LCM Qualifier
100 Free		58.78	29-Jul-11	HAY NE	John A. Alberta	at 2011 NE CRIM 14 & U LCM Champs	
200 Free		2:10.94	1-Jun-07	HAY	Christopher A. Iosue	at June Classic	
400 Free		4:37.85	27-Jul-07	HAY	Christopher A. Iosue	at 2007 New England LC Open Championships	
800 Free		9:31.21	27-Jul-07	HAY	Christopher A. Iosue	at 2007 New England LC Open Championships	
1500 Free		18:27.72	1-Jun-07	HAY	Christopher A. Iosue	at June Classic	
50 Back		39.81	29-Jun-07	HAY	Will Coakley	at June Trials & Finals Meet	
100 Back		1:09.73	8-Jul-11	HAY NE	John A. Alberta	at 2011 NE ABF LCM Qualifier	
200 Back		2:30.86	29-Jul-11	HAY NE	John A. Alberta	at 2011 NE CRIM 14 & U LCM Champs	
50 Breast		41.45	29-Jun-07	HAY	TJ McHugh	at June Trials & Finals Meet	

**Hockomock Area YMCA  
Lightning Swim Team**

**RECORDS HAYLongCourse meters**

13-14	100 Breast	1:22.40	<b>1-Jun-07</b>	HAY	Carl Roycroft	at June Classic
	200 Breast	2:54.21	<b>1-Jun-07</b>	HAY	Carl Roycroft	at June Classic
	50 Fly	33.65	<b>24-Jun-11</b>	HAY NE	Jacob H. Gabrilowitz	at New England YMCA Long Course Invitational
	100 Fly	1:11.12	<b>29-Jul-11</b>	HAY NE	Jacob H. Gabrilowitz	at 2011 NE CRIM 14 & U LCM Champs
	200 Fly	2:36.66	<b>29-Jul-11</b>	HAY NE	Jacob H. Gabrilowitz	at 2011 NE CRIM 14 & U LCM Champs
	200 IM	2:36.07	<b>1-Jun-07</b>	HAY	Christopher A. Iosue	at June Classic
	400 IM	5:22.63	<b>27-Jul-07</b>	HAY	Christopher A. Iosue	at 2007 New England LC Open Championships
15 & O	50 Free	26.35	<b>27-Jul-09</b>	HAY	Kevin P. McManus	at 2009 YMCA National Long Course Championship
	100 Free	56.77	<b>27-Jul-09</b>	HAY	Kevin P. McManus	at 2009 YMCA National Long Course Championship
	200 Free	2:15.24	<b>26-Jun-09</b>	HAY	Kevin P. McManus	at June Trials & Finals Meet
	400 Free	5:28.57	<b>24-Jun-11</b>	HAY NE	Geoffrey F. Martello	at New England YMCA Long Course Invitational
	50 Back	32.78	<b>26-Jun-09</b>	HAY	Kevin P. McManus	at June Trials & Finals Meet
	100 Back	1:09.65	<b>19-Jun-09</b>	HAY	Kevin P. McManus	at New England YMCA Long Course Invitational
	200 Back	2:35.25	<b>19-Jun-09</b>	HAY	Carl J. Roycroft	at New England YMCA Long Course Invitational
	50 Breast	33.58	<b>27-Jul-09</b>	HAY	Carl J. Roycroft	at 2009 YMCA National Long Course Championship
	100 Breast	1:14.41	<b>27-Jul-09</b>	HAY	Carl J. Roycroft	at 2009 YMCA National Long Course Championship
	200 Breast	2:42.48	<b>25-Jun-10</b>	HAY	Carl J. Roycroft	at New England YMCA Long Course Invitational
	50 Fly	29.54	<b>26-Jun-09</b>	HAY	Kevin P. McManus	at June Trials & Finals Meet
	100 Fly	1:07.91	<b>19-Jun-09</b>	HAY	Kevin P. McManus	at New England YMCA Long Course Invitational
	200 Fly	2:36.37	<b>11-Jun-10</b>	HAY	Grant C. Casey	at Hurricane Sprints 2010
	200 IM	2:26.12	<b>25-Jun-10</b>	HAY	Carl J. Roycroft	at New England YMCA Long Course Invitational
	400 IM	5:42.42	<b>29-Jun-07</b>	HAY	Carl J. Roycroft	at June Trials & Finals Meet