

West Suburban YMCA Swim Team

Blue Waves Home Opener Invitational

276 Church St, Newton, MA

November 12-13, 2011

MEET FORMAT: The meet will be swum as timed-finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the control office. After the entries are received, the host team reserves the right to cut distance events by time and will notify coaches.

SITE: The West Suburban YMCA Competition Pool is a 6-lane, 25-yard pool with fully-automatic Colorado Time Systems electronic timing with touchpads at the finish end of the pool with electronic display. There are no touchpads at the turn end of the pool. Please enter through the side entrance by the outdoor track. Directions may be found later in this document.

COURSE: Short course yards (25 yards)

EVENTS and SESSIONS: Warm-up will be at 1pm each day with the meet start at approximately 2pm. See attached list for order of events.

ENTRY INFORMATION: Entries will be accepted on and after September 23, 2011. Entries must be received no later than October 28, 2011. Make checks payable to "West Suburban YMCA". Please **DO NOT send individual checks, one team check must be sent for the exact total of all entry fees** within the expected time frame. Mail completed signed entry cover page and waiver, and payment to: West Suburban YMCA, Attn: Amanda Pierce, 276 Church Street, Newton, MA 02458. Any team not paid in full by the day of the meet will be scratched from the days events.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at bluewaves@westsuburbanymca.org. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received within four (4) days, excluding Sundays and holidays, of receipt of the email entry. If payment is received within four (4) days, excluding Sundays and holidays, of the email entry, the email receipt date will be considered the date of entry. If payment is received more than four (4) days, excluding Sundays and holidays, after the email entry, the payment receipt date will be considered the date of entry.

ENTRY LIMITS: Athletes may enter and swim in a maximum of 4 events per day for timed final events.

ENTRY TIME UPDATES: Entry times may be updated until November 8th and should be sent via email to bluewaves@westsuburbanymca.org. No new entries will be accepted after the October 28th, 2011 entry deadline.

ENTRY FEES: Electronic entries: \$4 for individual events, and \$5 for distance event (500 Free and 400 IM). Non-electronic entries: \$5 for individual events, \$6 for distance events (500 Free and 400 IM).

ENTRY TIMES: All entries must be specified in short-course yard (25-yard pool) times. Entries with "NO TIME" are discouraged.

PROGRAMS: \$1.00 per session.

ADMISSION: \$2.00 per session.

WARMUPS: The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes.
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No camera cell phones are permitted in the locker rooms.

RULES: 2011 USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$5.00 for individual events.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff are permitted on the pool deck.

FOOD: A concession stand will be in operation for the duration of the meet.

MISCELLANEOUS: West Suburban YMCA assumes no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is parking available in the parking lot in front of and behind the YMCA. Many of the side streets near the YMCA offer free or metered parking.

DIRECTIONS: http://www.westsuburbanyymca.org/main/our_y/directions_to_y/

SPECIAL INSTRUCTIONS:

1. No food or drinks except water will be allowed on deck. This will be closely monitored for adherence. Please alert all swimmers.